

# OIS SPRING EVENTS

## 2024 Live Webinars

To register and submit questions,  
click the dates offered below:

**Optional Practical Training** is a benefit of F-1 status that permits temporary employment for practical training directly related to the student's major area of study - usually used upon graduation.

### OPT

- February 7th, 12 - 1 PM
- February 16th, 12 - 1 PM
  - reserved for PhD students
- February 21st, 4 - 5 PM
- March 15th, 12 - 1 PM
- March 27th, 4 - 5 PM
- April 10th, 12 - 1 PM

**STEM Optional Practical Training** is a benefit of F-1 status that allows a 24-month extension of post-completion OPT for a science, technology, engineering, or mathematics (STEM) degree.

### STEM OPT

- March 6th, 4 - 5 PM
- May 22nd, 4 - 5 PM

**Curricular Practical Training** is a benefit of F-1 status that permits off-campus training that is physically located in the U.S. and is closely and integrally related to, and takes place during, the student's program of study

### CPT

- February 28th, 12 - 1PM

**Academic Training** is a benefit of J-1 student status that allows for training, paid or unpaid, in a position that is directly related to the student's program of study and may be used during and after a student's academic program. This session is for degree-seeking and exchange students in J-1 status.

### AT

- February 1st, 4 - 5 PM

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